

Perineum Borders Program Transcript

The top diagram shows the borders of the diamond shape perineum. Anteriorly is the pubic symphysis, on each side, the pubic ramus and ischial ramus. In the back is the sacrotuberous ligament to the sacrum.

This diamond shaped region is divided into two triangles. The urogenital triangle and the anal triangle. In the bottom view of this diagram, you see a sagittal section to the area of the perineum.

On your left is the pubis, on the right is the coccyx, and down the center is a fiber structure known as the perineal body. The left side of this area is the urogenital triangle, the right side is the anal triangle.

The urogenital triangle is divided into two spaces by a membrane known as the perineal membrane. In the superficial space are parts of the external genitalia and muscle. And in the deep space lies the urogenital diaphragm.

Remember that in the unit on the bony pelvis, we talked about the pelvic diaphragm. This is the urogenital diaphragm. Don't confuse them.