

## **Pelvic Diaphragm Program Transcript**

The caudal end of the bony pelvis is closed off by a group of muscles. One of these muscles posteriorly is the piriformis. Anterior to the piriformis is the pelvic diaphragm.

The pelvic diaphragm consists of the coccygeus muscle and the levator ani. And the levator ani consists of the pubococcygeus, the iliococcygeus, and the puborectalis. On both sides of the pelvic diaphragm are the internal obturator muscles.