

## **Posterior Abdominal Wall Program Transcript**

The posterior wall of the abdomen contains two large muscles—the quadratus lumborum and the psoas major. It also contains the nerves of the lumbar plexus, beginning at the top with the iliohypogastric and then going distally to the ilioinguinal; the lateral femoral cutaneous; and the femoral. Then, coming through the psoas major, is the genitofemoral nerve. And, then, coming medial to it is the obturator nerve. The last part of the lumbar plexus is the lumbosacral trunk, which carries nerve fibers from the L4 and L5 to the sacral plexus.